

## REGISTRATION & ELIGIBILITY

- ▶ Women and gender diverse individuals interested in registering for MOTS are invited to complete **an assessment interview and computer test** (intermediate level is required).
- ▶ Eligible participants may apply for benefits and support such as childcare, transportation and tuition subsidy.
- ▶ Program intake is on-going.

**Please call to book an appointment.**

## CONTACT INFORMATION

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**YWCA Toronto services promote personal and professional growth. Working with individuals, businesses and communities, we help create sustainable employment.**

**We can help you!**



# YWCA TORONTO MOVING ON TO SUCCESS



**YWCA**  
TORONTO

NATIONAL ADVOCACY.  
COMMUNITY ACTION.



**United Way**  
Greater Toronto  
FUNDED AGENCY

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## MOVING ON TO SUCCESS

*A place to learn, renew and move your career forward.*

Moving on to Success (MOTS) is a free employment program for women and gender diverse individuals. Priority is given to participants who have experienced (or are at risk of) gender-based violence. The program provides participants with support and tools to reclaim their self-esteem, develop skills, take control of their careers and achieve economic security.

### THIS PROGRAM IS FOR PARTICIPANTS WHO:

- ▶ Want to enter the workforce and are actively job searching
- ▶ Are ready to explore career, training and education options
- ▶ Are willing to commit to completing one or more of the program components
- ▶ Committed to training and following up on their Employment Action Plan
- ▶ Available to attend classroom training from 9am to 3pm

### PROGRAM OFFERS:

- ▶ Career and skills assessment workshops
- ▶ An individualized Employment Action Plan
- ▶ Access to employment preparation and training programs
- ▶ Resume and interview preparation
- ▶ One-on-one support from counselors and job developers
- ▶ Job search, job coaching and mentoring
- ▶ On the job placements

## PROGRAM OUTLINE

*Based on the results of the assessment interview and the Employment Action Plan, one or more of the following components can be chosen.*

### COMPONENT 1: CAREER & SKILLS ASSESSMENT (UP TO 2 WEEKS)

Participants are encouraged to complete this component before pursuing any other. This part of the program includes:

- Aptitude, academic and employment inventories
- Personal and environmental dimensions to employment
- Individualized training and an Employment Action Plan

### COMPONENT 2: TRAINING & EMPLOYABILITY WORKSHOPS (6 - 8 WEEKS)

This part of the program offers training and employability workshops suitable to the Employment Action Plan. Computer skills at the intermediate level are required.

- Professional Office Administration
- Retail /Customer Service
- Digital Skills for Work
- Employability and job search preparation workshops

### COMPONENT 3: JOB PLACEMENTS & WORKPLACE SUPPORTS

This part of the program provides participants with on-the-job skills training, practical skills and experience required to gain employment. Based on availability and the selection criteria, participants may be offered two placement options:

- Paid employment placements
- Unpaid placement opportunities

### COMPONENT 4: JOB SEARCH & JOB MAINTENANCE

The purpose of this component is to provide specialized job search workshops, job linking strategies, self-directed and computerized job search.

*Services are adapted according to the individual participant's progress towards achieving their employment goals.*